

Takoma Park Gynecology remains open, with extended hours and services.

In an effort to alleviate some of the burden on urgent care centers and ERs, I will be providing primary care services for all genders, age 12 and over.

I do have some reminders and interim changes to practice and policies to share with you.

*As an infection control measure, if you have an appointment and are experiencing fever and/or respiratory symptoms, please text me at 305-986-6513 as soon as you become symptomatic. I will screen you over the phone and make an appropriate plan to move forward. I will see you, but I may ask you to reschedule your appointment for a time when there is the least amount of foot traffic through the office.

*As always, if you are unable to keep your appointment for any reason, please contact me as soon as possible. As you know, I do not double-book or over-book my patient schedule. Your appointment time is reserved specifically for you. Notice that you are unable to keep your appointment allows me to offer the appointment to someone else who may be waiting to be seen.

*I do have the capacity to test for COVID-19. I am adhering strictly to the CDC guidelines for testing, as the lab is unlikely to process samples which do not meet testing criteria. If you think you have, or may have been exposed to COVID-19, please text me at 305-986-6513 to arrange for initial screening BY PHONE.

*Phone consultations can be arranged in lieu of an office visit for anyone who needs or prefers to avoid public spaces.

*Influenza season is not yet over. If you have not had a seasonal flu vaccine, I encourage you to do so. I do still have a limited number of flu shots available.

*As always, I see patients by appointment only. I am not able to accommodate patients on a "walk-in" basis.

Please contact me with any questions or concerns, and refer to the CDC website for the most up-to-date and accurate information about COVID-19 (<https://www.cdc.gov/>)

Best regards,
Carina

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